



30 March 2021

Dear Parent

Today's young people are growing up in an increasingly complex world and living their lives both on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, our students need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.

This is why the Department for Education have made the new Relationships and Sex Education (RSE) curriculum compulsory in all secondary schools from the summer of 2021.

Following this Government guidance, we have reviewed our RSE curriculum and placed our new policy on the school website. We would encourage you to read this document carefully and welcome your feedback and suggestions. It would be really useful if any comments could be returned to the school by **Friday 30 April 2021** as this will give us time to make improvements.

During their five years at The Redhill Academy students will study the following RSE and Health Education topics:

Relationships and Sex Education	Health Education
Families	Mental Wellbeing
Respectful Relationships, Including Friendships	Internet Safety and Harms
Online and Media	Physical Health and Fitness
Being Safe	Healthy Eating
Intimate and Sexual Relationships, Including Sexual Health	Drugs Alcohol and Tobacco
	Health and Prevention
	First Aid
	Changing Adolescent Bodies

Our intention is to start delivering this content after May Half Term, with the first sessions scheduled for Thursday 24 June 2021. For any sensitive topics (such as those relating to sexual health), we will write to you in advance of the session to outline the key content. This will give you the opportunity to discuss it at home prior to the lesson.

As a school we will ensure that all material is delivered in a sensitive and inclusive manner, utilising the expertise of external providers (such as the Nottingham University Hospital Nursing Team) where appropriate. All sessions will consider the age, physical and emotional maturity, religious and cultural background and special educational needs and/or disabilities of our students.

If you have any questions regarding the RSE curriculum, or would like to make suggestions on how we can improve this offer, please do not hesitate to contact me at school.

Yours faithfully

Oliver Teasel  
Deputy Head Teacher

